



**COVID-19**

# SNOHOMISH COUNTY DAILY BRIEFING



**Wednesday, August 5, 2020**

## **GOVERNOR, OSPI, DEPARTMENT OF HEALTH ANNOUNCE 'DECISION TREE' FRAMEWORK FOR REOPENING SCHOOLS**

The framework is built on metrics and follows the similar low, medium and high risk guidance from the CDC. More than 75 cases per 100,000 population in 14 days in a county is considered a **high** COVID-19 activity level and distance learning is recommended in the framework. **Snohomish County's current COVID-19 case rate in 14 days is 97.2 per 100,000.**

## **Governor, OSPI, Department of Health announce 'decision tree' framework for resuming learning this fall**

Gov. Jay Inslee, Superintendent Chris Reykdal and the state Department of Health on Wednesday announced a ["decision tree" framework](#) to help school districts determine how to resume learning this fall. The framework emphasizes that schools are not islands. Community transmission must be low in order for schools to reopen safely for in-person learning. This is difficult and uncharted territory – every other country that reopened its schools only did so when community transmission was low.

Plans regarding school reopening are made by the local health jurisdiction and school district. Parents can find the most up-to-date information about their child's school by contacting district or school administrators.

DOH's "decision tree" framework offers metrics based on three COVID-19 activity levels:

- >75 cases per 100,000 in 14 days is considered a **high** COVID-19 activity level for a community. At this level, DOH recommends distance learning with the option for limited in-person learning who need it most – such as children with disabilities. Sports and extracurricular activities should remain on pause. **Snohomish County's current COVID-19 case rate in 14 days is 97.2 per 100,000.**
- 25–75 cases per 100,000 in 14 days is considered a **moderate** COVID-19 activity level. At this level, DOH recommends distance learning as described above, with gradual expansion of in-person education, beginning with elementary students. Younger students under the age of 10 benefit the most from in-person learning while also posing less risk for transmitting COVID-19 than older students. Most sports and extracurricular activities should remain on pause.
- Below 25 cases per 100,000 in 14 days is considered a **low** COVID-19 activity level. At this level, DOH recommends full-time in-person learning for all elementary students and hybrid learning for middle and high school, eventually moving to in-person for middle and high school.

This plan aligns with CDC guidance. DOH's decision tree follows the similar low, medium and high risk framework described by the CDC based on rates of community transmission to inform local decision-making. The CDC [says](#) "Schools can determine, in collaboration with [state and local health officials](#) to the extent possible, whether and how to implement these considerations while adjusting to meet the unique needs and circumstances of the local community. Implementation should be guided by what is feasible, practical, acceptable, and tailored to the needs of each community."

Additional information about the guidance, including resources for the public and schools and frequently asked questions about resuming learning this fall is available [here](#).

## SNOHOMISH COUNTY MEDICAL RESERVE CORPS SEEKS VOLUNTEERS FOR COVID-19 FIGHT

The Snohomish County Medical Reserve Corps is looking for volunteers. Link to sign up at right.

## IS THE PARK FULL? FOLLOW @SNOCOPARKS ON TWITTER TO GET A HEADS UP

Snohomish County Parks staff urges people to follow them on Twitter (@snocoparks) to receive early warnings about capacity at parks.

## Snohomish County Medical Reserve Corps seeks volunteers for COVID-19 fight

The Snohomish County Medical Reserve Corps is looking for volunteers. Since late January, nearly 200 volunteers have worked more than 7,000 hour supporting the community's response to COVID-19.

The Snohomish Health District on Wednesday released a [brief video](#) describing the Corps, its work and opportunities for people to help.

Go to [www.snohd.org/MRC](http://www.snohd.org/MRC) to learn more.



Snohomish Health District

1h · 🌐

Looking to help with COVID-19 or other emergencies? The Medical Reserve Corps is looking for volunteers. Go to [www.snohd.org/MRC](http://www.snohd.org/MRC) to learn more.

## Is the park full? Follow @snocoparks on Twitter to get a heads up

Crowding and people ignoring social distancing in Snohomish County parks are becoming big enough concerns during the COVID-19 crisis that County Executive Dave Somers had a warning Tuesday.

Nobody wants to close down parks, [Somers said](#) during his weekly press conference.

"However, if they become so crowded that we can no longer maintain safety of our guests and staff, we will be forced to close them. So please, if you see park gates closed, find somewhere else to go or something else to do."

[Snohomish County Parks](#) staff on Wednesday urged people to follow them on Twitter. They plan to use social media to provide an early warning when parks have reached capacity.

No space? Find another place.



**Snohomish County Parks** ❤️

@snocoparks

📱 Want live updates on which parks are full? 🐦 We are going to start tweeting when our rangers close park gates due to capacity in an effort to communicate quickly and help you find a less crowded space to recreate. 🌲 Follow us to stay up to date!

1:28 PM · Aug 5, 2020 · [Sprout Social](#)

## **SNOHOMISH COUNTY OVERDOSE AWARENESS DAY GOES VIRTUAL THIS YEAR**

Snohomish County's Overdose Awareness Day on August 31 will be observed virtually.

## **AUG. 7 DEADLINE FOR ACCESS TO FREE SCHOOL SUPPLIES FOR EDMONDS STUDENTS**

Aug. 7 is the new deadline for access to free school supplies for Edmonds School District students. Link to register at right.

## **Snohomish County Overdose Awareness Day goes virtual this year**

In light of the COVID-19 crisis, the organizers of Snohomish County's Overdose Awareness Day have announced a virtual observance on Aug. 31.

An online live post offers these details:

In partnership with the Snohomish Health District and Snohomish Overdose Prevention, and with the support of the Snohomish County Executive's Office, as well as the Mayors of Mukilteo, Everett, Lynnwood, and more - we are providing this event to educate and inspire the community, and honor those who have lost their battle with addiction.

Zoom link here: <https://us02web.zoom.us/j/88489303766>  
+12532158782,,88489303766#

Agenda and details to come.



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MONDAY, AUGUST 31, 2020 AT 6 PM – 9 PM

### **Snohomish County Overdose Awareness Day**

Online Event

## **Aug. 7 deadline for access to free school supplies for Edmonds students**

The Back to School Consortium is again supporting families in need by providing Edmonds School District students with FREE school supplies. The deadline for registration has been extended to **Aug. 7**. Register online here: <https://bit.ly/31jkZnj>



## **BACK TO SCHOOL ★ FAIR**

### **Back to School Consortium:**

Supporting families during times of need by providing Edmonds School District students free school supplies.

Families must register in advance to reserve free school supplies.

**Registration Extended**  
**New date Aug. 7th, 2020**

## KEEP YOUR SOCIAL CIRCLE SMALL – VERY SMALL

The state Department of Health has posted a new blog post on the importance of limiting the number of people you are seeing as a strategy for reducing the spread of COVID-19.

## Keep your social circle small – very small

The state Department of Health has posted a [new blog post](#) on the importance of limiting the number of people you are seeing as a strategy for reducing the spread of COVID-19:

If one of your friends had a fever and a cough, you would send them to bed and reschedule your time together. But 30–50% of people who've gotten COVID-19 got it from someone with no symptoms. That is, they got it from someone who looked, felt, and acted just like normal.

Limiting how many people we get together with in person — even when we and our friends all feel completely normal — reduces our chances of getting or spreading COVID-19.

That's why the governor's Safe Start plan restricts social gatherings to just a very few people.

- **In Phase 2 counties (i.e., Snohomish):** we can gather with five or fewer people at a time.
- **In Phase 3 counties:** we can gather with 10 or fewer people at a time.
- **And in Yakima, Benton, and Franklin counties:** no gatherings are allowed.
- You can see which phase your county is in and what's open in each phase on the [Safe Start page of the state's COVID-19 website](#).

Larger social gatherings are one big reason we're seeing high rates of COVID-19 activity throughout the state. Every time we're around others talking, laughing, or singing, we risk catching the virus from someone's breath.

Read the rest of [blog post](#) here.



## INSLEE EXTENDS TWO PROCLAMATIONS RELATED TO COVID-19

Gov. Jay Inslee announced the extension of two proclamations related to garnishments and temporary licensing for dental and pharmacy graduates. Links at right.

## Inslee extends two proclamations related to COVID-19

Gov. Jay Inslee on Tuesday announced the extension of two proclamations in response to the continuing COVID-19 pandemic. The extensions were approved by the Legislature in a July 30 [letter](#). Both proclamations are extended to September 1, 2020.

Garnishments - [20-49.7](#) – Protects CARES Act stimulus payments, as well as state and federal unemployment payments, from bank account garnishments for consumer debt.

Temporary Licensing - Dental and Pharmacy Graduates - [20-59.3](#) – Extends the previous waiver/suspension of legal requirements that allows recent dental, dental hygiene and pharmacy graduates to obtain their temporary licenses and begin working if certain conditions are met. It has been amended from the July 31 extension to include denturists to the list of professional graduates who may obtain their temporary licenses.

## COUNTIES FACE GROWING NEEDS FOR MENTAL HEALTH SERVICES

MRSC has published a new article about the growing need for counties to provide mental health services for residents in more inventive and efficient ways. Link at right.

## Counties Face Growing Needs for Mental Health Services

As the tolls of social distancing and economic uncertainty, along with anxiety, resulting from the many unknowns of COVID-19, add up to emotional stress and turmoil, effective mental health services have proven crucial to keeping residents functioning while they wait out a return to a somewhat familiar life.

Nearly one-third of Americans have been reporting signs of anxiety or depression since the pandemic began, according to the Household Pulse Survey by the National Center for Health Statistics and the Census Bureau. A poll by the Kaiser Family Health Foundation found that 45 percent of adults across the country say that worry and stress related to the pandemic are hurting their mental health.

Long-term, research by the Robert Graham Center for Policy Studies in Family Medicine and Primary Care and the Well Being Trust found that as many as 75,000 more people will die from drug or alcohol misuse and suicide throughout the decade if policymakers ignore the collateral damage from the pandemic as it affects Americans' emotional well-being.

## CDC OFFERS TOOLKIT FOR PUBLIC HEALTH INVESTIGATIONS IN WORKPLACE

The Centers for Disease Control and Prevention have prepared a toolkit that describes best practices for public health investigations of COVID-19 in workplaces. Link at right.

The Municipal Research and Services Center (MRSC) reports that many counties are taking greater advantage of telehealth in assessing patients in distress, in addition to replacing in-person meetings with clients to help safely ramp up mental health services.

For more information please read MRSC's [article](#).

## CDC offers toolkit for public health investigations in workplace

Many people spend a large portion of their days at work, often in close contact with other workers and the public. It is important to recognize and take action to prevent transmission of infectious diseases, including [COVID-19](#), in the workplace. This is especially important among critical infrastructure industries that must remain open to ensure continuity of operations and as states across the United States begin to reopen businesses.

The Centers for Disease Control and Prevention have prepared a [toolkit](#) that describes best practices for public health investigations of COVID-19 in workplaces.



**CDC Emergency** ✓  
@CDCemergency

Workplaces can present unique challenges for [#COVID19](#) public health investigations. [@CDCgov](#) created a toolkit to help state & local health departments more effectively investigate & respond to COVID-19 cases in non-health care work settings: [go.usa.gov/xfYE4](https://go.usa.gov/xfYE4)



8:55 AM · Aug 5, 2020 · [Hootsuite Inc.](#)



## CONFIRMED AND PROBABLE CASES OF COVID-19 IN SNOHOMISH COUNTY

Data on case counts are available on the Snohomish Health District [website](#) and the Washington State Department of Health [dashboard](#).

## ESSENTIAL LINKS AND PHONE NUMBERS FOR UP-TO-DATE INFORMATION

- [Snohomish Health District](#)
- [Snohomish County](#)
- [Snohomish County COVID- 19 Response & Community Resource Hub](#)
- [Washington State](#)
- [Centers for Disease Control and Prevention](#)
- Snohomish County COVID-19 Phone Line: **425-388-3944**
- Línea telefónica COVID-19 del condado de Snohomish: **425-388-7120**
- Washington State COVID-19 Hotline: Call **1-800-525-0127** or text **211-211** for help.

## Confirmed and Probable Cases of COVID-19 in Snohomish County (as of August 5, 2020)

Case Count	Last Updated: 1:45 p.m.
Confirmed	5,345 (up 64 cases from 8/4)
Probable	677 (up 12 from 8/4)
Deaths	191

Jurisdiction	Last Updated: 1:45 p.m.
Arlington	247 (147 recovered)
Bothell*	449 (260 recovered)
Brier	31 (23 recovered)
Darrington	<5 (<5 recovered)
Edmonds	509 (370 recovered)
Everett	1,769 (1,144 recovered)
Gold Bar	9 (<5 recovered)
Granite Falls	40 (30 recovered)
Index	0
Lake Stevens	280 (157 recovered)
Lynnwood	970 (684 recovered)
Marysville	512 (340 recovered)
Mill Creek	102 (57 recovered)
Monroe	208 (104 recovered)
Mountlake Terrace	169 (125 recovered)
Mukilteo	100 (75 recovered)
Snohomish	352 (189 recovered)
Stanwood	165 (117 recovered)
Sultan	30 (8 recovered)
Tulalip	43 (26 recovered)
Unknown/Other	<5 (<5 recovered)
Woodinville*	23 (14 recovered)
Woodway	9 (8 recovered)

Numbers less than 5 are suppressed to protect medical privacy. Unknown includes cases still under investigation. \*Counts are for portions in Snohomish County only.